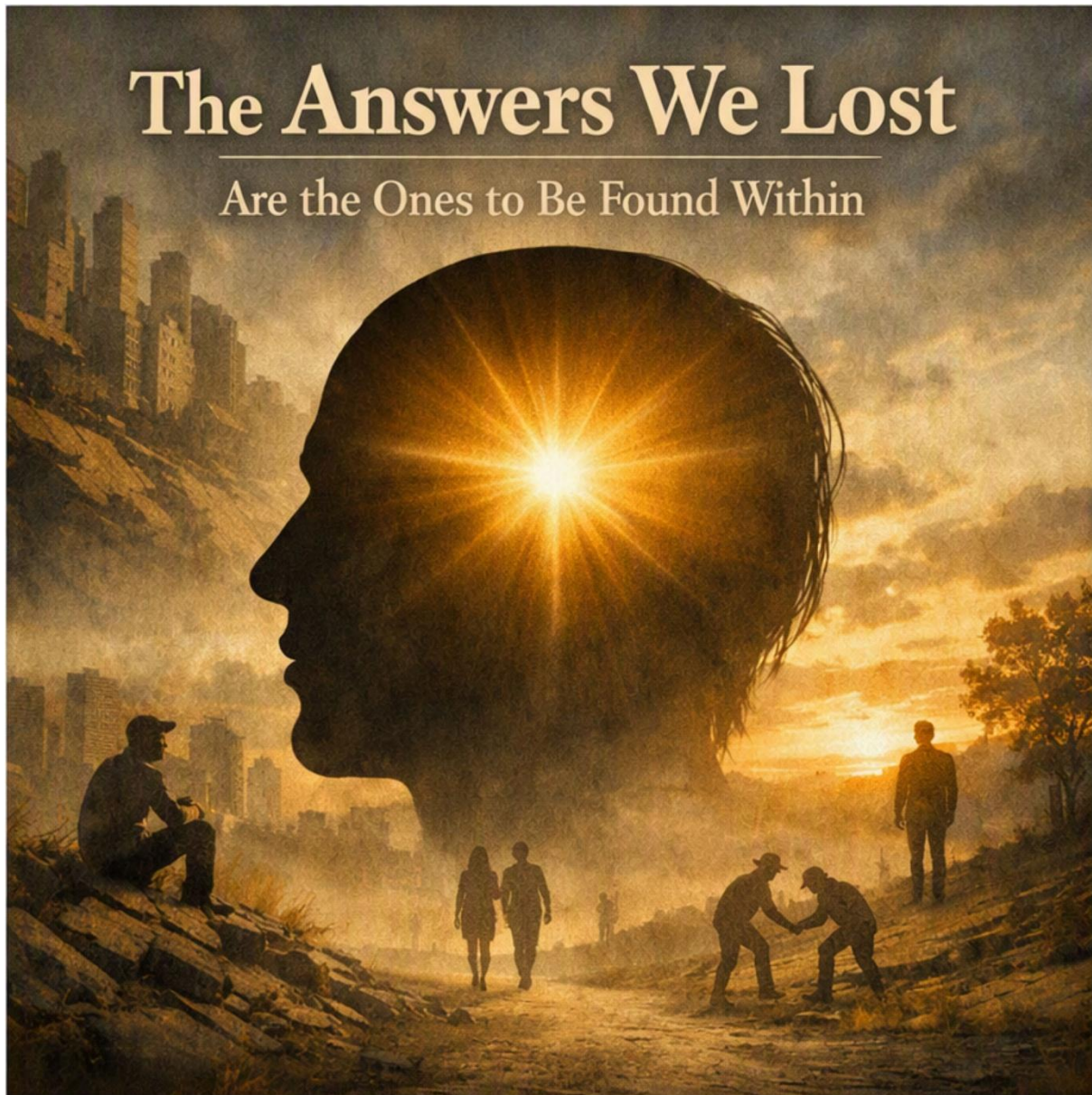


The Answers We Lost Are the Ones to Be Found Within

Adam Tugwell | 8 October 2026



We are living through a time that feels strange not because the world has suddenly changed, but because the systems we built have finally revealed what they really are.

Many people still cling to the hope that today's problems are temporary and that life will eventually return to how it once was. Yet beneath that hope sits a deeper truth: things cannot go back, because the system we depended on was never human in the first place.

For decades, society has been shaped around money - not people. It has become extractive, hollowing out communities, relationships, meaning, and even the environment itself. When money becomes the only measure of value, humanity becomes secondary. People lose connection with themselves and begin searching for external validation, external answers, and external saviours. They stop looking inward because the system has taught them that nothing inside them has value.

In times of uncertainty, this disconnection becomes overwhelming. People reach outward in every direction, hoping the same system that caused the problems will somehow solve them. Others turn toward spiritual or religious narratives, not because they are seeking truth, but because fear makes them desperate for reassurance. Faith becomes something people reach for only when hardship, scarcity, or death forces them to confront life more seriously.

But both religion and spirituality are multilayered. They can guide, but they can also distract. Anything that offers emotional certainty - whether healthy or unhealthy - can become a doorway that feels like progress but ultimately leads nowhere.

Sensationalism, fear, and charismatic voices often drown out quiet truth. People lose the ability to think critically about the messages they hear, what they mean, and where they come from.

This confusion is amplified by those with power and influence. Many of them access abstract or metaphysical ideas - holographic reality, simulation theory, questions about whether anything is "real." But instead of using these ideas to deepen responsibility, they use them to justify detachment: if reality is questionable, why care about anyone else?

What they fail to understand is that every decision matters. Every action has consequences. Every cost creates a debt. Only those who believe in one lifetime can pretend there will be no bill to pay.

As the world reveals itself to be in one hell of a mess, people from all backgrounds are searching for something that makes sense of their thoughts and experiences. In times like these, figures such as Jesus or the Antichrist become symbolically powerful. They offer a way for people to give shape to their fears and hopes.

But once these symbolic ideas are given literal form, people start looking for actual characters - physical beings - instead of recognising behaviours and patterns that already exist and explain where we are.

The truth is that the qualities people associate with the Antichrist - deception, exploitation, manipulation, the elevation of wealth above humanity - are already embedded in the system itself. They surround us in countless forms, woven into how the

world now works. People wait for a character to appear, when the real danger is a pattern that has already taken root.

And the real answer is not found in prophecy, systems, or saviours. It is found within each person.

Awakening begins when people reclaim their own perception, their own value, and their own responsibility. It begins when they stop lending their power to public figures, celebrities, or mythic characters. It begins when they recognise that there is no hierarchy of human worth.

The toilet cleaner, the person with learning difficulties, the quiet soul who lives simply - any of them may be far more advanced than a billionaire who has spent a lifetime taking from others.

Every decision matters. Every action counts. And the moment people reconnect with themselves, they stop being manipulated by a dehumanising system. They stop searching for external validation. They stop fearing authority. They stop waiting for saviours. They begin to see clearly again.

The real answers lie within. They always have.

And if there is any hope for the world to become human again, it begins with each of us choosing to see clearly, choosing to act consciously, and choosing to reclaim the power we were taught to give away.

Nothing changes until we do.

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